

INDIVIDUAL PLAN

Client Details							
First Name	Alix	Surname	Freeman				
Age	14/3/1997	Gender	Neutral – Identifies as they/them				
Residential Address							
Address 1	43 Clarke Road	Suburb	Smithville				
State	QLD	Postcode	2222				
Phone	(02) 2222 2222	Primary Email	AFREE@email.com.au				

My Profile

I am a 25-year-old who previously identified as a biological male. I have lived as a gender-neutral individual since 2017.

I have epilepsy that is controlled well with medication and a mild intellectual disability. This sometimes means I can take longer to process information or understand new concepts but with time and patience I will get there.

I love socialising with my friends. I met them through a social club at my work, an op shop with multiple stores around the state. It has a social group for its LGTBQI+ employees. I enjoy doing karaoke and going to clubs with them.

I love my job and have been working there for 5 years. I can use the EFTPOS and Point of Sales machines and am excellent at organising and catergorising all the clothes, books, and DVD's that come into the store. I can use the computer to record stock and send emails to other stores.

I have great communication skills and love having conversations with everyone who comes into the shop.

I live by myself and enjoy cooking and sitting in my courtyard, however I do need some support to make sure I keep things clean and tidy in the house as housework is not my favourite thing to do!

My Goals and Important Things						
My Goals	 Maintain full autonomy and choice in all aspects of life. Stay in my own home. Continue working at the Op Shop. Continue social activities with my friendship group. Maintain or improve overall health as much as possible. Be accepted for who I am. 	Timeframe to Achieve	Ongoing			



My Support Schedule								
Task/Service	Day/s	Length of service	Start time	Equipment	Other (Any other considerations such as more than 1 support worker for thetask, any safety information they need to read)			
Evening drop-in support includes meal preparation, budgeting, and house cleaning assistance.	Monday to Sunday	3	5:30pm	Kitchen and house cleaning equipment. Budget binder.				

Case Notes						
Date	Note	Standard of Support				
14/11/2022	Alix contacted the office to cancel their usual support for the next fortnight as they are going to Cairns to stay with family for a holiday. All staff informed and roster to commence from 28/11/2022	☑ Low ☐ Medium ☐ High				
		☐ Low ☐ Medium ☐ High				
		☐ Low ☐ Medium ☐ High				
		☐ Low ☐ Medium ☐ High				
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	Plan Revisions Required					